

Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Meatless Mondays Baked WW Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	2) Chicken Nuggets 4ea. Broccoli ½ c Mashed Wheat Bread 1 ea. Potatoes ½ c, Fruit 4 oz Fruit Cocktail ¼ c VE: Veg-Nuggets	3) WW Spaghetti W/Turkey Sauce 4oz, Green Beans ½ c Fruit 4 oz Apple Sauce VE: Without Meat	4) Honey Lemon Chicken 4 oz. Yellow Rice ½ c Peas & Carrots ½ c Fruit 4 oz Sliced Peaches VE: Veg-Burger	5) WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
8) Meatless Monday - Baked Ziti ½ c, ½ c, Green Beans ½ c, Chilled Fruit Apple ¼c	9) Turkey and Cheese on Wheat Bread 1ea. sweet potato ½ c corn ½ c, Fruit 4 oz Apple. Cheese on Wheat	10)Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c -Chilled or Fresh Fruit ¼ c VE: Veg-Burger	11) Chicken Nuggets 4 ea Silver Dollar Fries ½ c Corn ½ c Wheat Bread 1ea. Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	12)WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
15) Meatless Mondays Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Apple DF: Turkey Sandwich	16) Chicken Fingers 2 ea. Tater Tots ½ c Wheat Bread 1ea. Peas & Carrots ½ c Fruit 4 oz Apples VE: Veg-Slider W/Cheese	17) Spaghetti W/Turkey Sauce 4oz, Green Beans ½ c Fruit 4 oz Apple Sauce VE: Without Meat	18) Baked Macaroni and Cheeses ½ c, Steamed Carrots ½ c, Chilled or Fresh Fruit ¼ c	19) WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
22) Meatless Mondays Chess Stuffed Ravioli 1/2 c/Marinara Sauce Cucumber Slices 1/2c Green Bean ½ c, Apple DF: Turkey Sandwich	23) Turkey and Cheese on Wheat Bread 1 ea. sweet potato ½ c corn ½ c, Fruit 4oz Apple. Cheese on Wheat	24) Fish Sticks (4 ea) Silver \$ Fries ¼ c Wheat Bread 1 ea. Sweet Corn ½ c Chilled Fruit or Orange (4 oz.) VE: Veg-Burger	25) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c -Chilled or Fresh Banana ¼ c VE: Veg-Burger	26) WW Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
29) Meatless Monday - Baked Ziti ½ c, ½ c, Green Beans ½ c, Chilled Fruit Apple ¼c	30) Chicken Fingers 2 ea. Home Fries ½ c Wheat Bread 1 ea. Peas & Carrots ½ c Fruit 4oz Apples VE: Veg-Slider W/Cheese			1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be severed regular milk